

Suicide Prevention Training

District Response and Resources/Toolkits

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The Why?

- A student's mental health can affect their academic performance. Depression and other brain conditions can interfere with the ability to learn.
- Maintaining a safe environment is part of a school's overall mission
- A student suicide can significantly impact other students and the entire school community. Knowing what to do following a suicide is critical to helping students cope with the loss and preventing additional tragedies that could occur.
- Students need support in school, community and at home. A comprehensive approach in all areas leads to better outcomes.

Suicide Prevention in Districts

- **Best Practices:**

- Awareness training on warning signs for all staff
- Suicide lethality assessment training for key staff (school counselors, social workers, administrators)
- Policies and guidelines for parent notification and supervision and support services for students
- Referral procedures for community services and monitoring and follow up at school
- Re-entry programs and supports for students returning from hospitalization
- Information on the district website about depression and suicide including hotline

LOCAL RESOURCES

- Cuyahoga County Suicide Prevention Coalition
- Local ADAMHS board
- Mental Health Providers
- Family and Children First Council
- Project AWARE and System Navigator at the ESC/NEO
- Frontline Children's Crisis Support
- Westside Crisis Response Team
- Kognito
 - <https://ohio.kognito.com/>
- Ohio Mental Health Network for School Success
 - <http://continuum.oberlinkconsulting.com/?country=US&state=oh>

Resources and Programs

Tool-kits



Project AWARE Information Brief: Teen Suicide: Prevention, Intervention, and Postvention

<http://education.ohio.gov/getattachment/Topics/Other-Resources/School-Safety/Building-Better-Learning-Environments/PBIS-Resources/Project-AWARE-Ohio/Project-AWARE-Ohio-Statewide-Resources/Teen-Suicide-Prevention-Info-Brief-FINAL.pdf.aspx>

**Maine Youth Suicide Prevention Program Education, Resources and Support. Youth Suicide Prevention, Intervention, and Postvention Guidelines:
A Resource for School Personnel**

<https://www.maine.gov/suicide/docs/guideline.pdf>

Model School District Policy on Suicide Prevention: Model Language, Commentary and Resources

https://afsp.org/wp-content/uploads/2016/01/Model-Policy_FINAL.pdf

Children's Safety Network: Youth Suicide and Self-Harm Prevention: 2017 Resource Guide:

<https://www.childrenssafetynetwork.org/resources/youth-suicide-self-harm-prevention-2017-resourceguide>

School Based Threat Assessments Dr. Dewey Cornell, University of Virginia

<https://www.schoolta.com/>

Toolkit for Mental Health Promotion and Suicide Prevention

<http://www.heardalliance.org/wp-content/uploads/HEARDToolkit2017.pdf>

After a Suicide: A Toolkit for Schools:

<http://www.sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkitforSchools.pdf>

American Foundation for Suicide Prevention: The More than Sad program offers prevention education for students, parents and teachers: <https://afsp.org/our-work/education/more-than-sad/>

School-Wide Universal Screening for Behavioral and Mental Health Issues: Implementation Guidance

<http://education.ohio.gov/getattachment/Topics/Other-Resources/School-Safety/Building-Better-Learning-Environments/PBIS-Resources/Project-AWARE-Ohio/Project-AWARE-Ohio-Statewide-Resources/Screening-Guidance-Document-Final.pdf.aspx>

Suicide Screening and Assessment

http://www.sprc.org/sites/default/files/migrate/library/RS_suicide%20screening_91814%20final.pdf

For Follow-Up Questions, Please Contact:

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